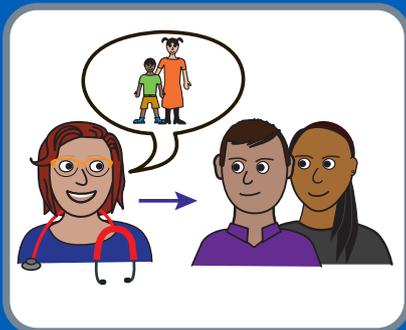
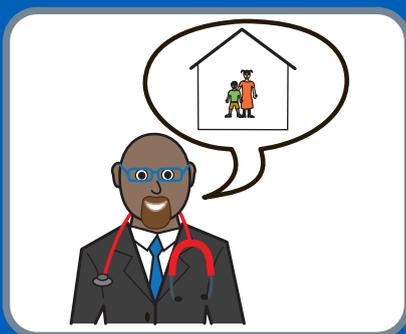


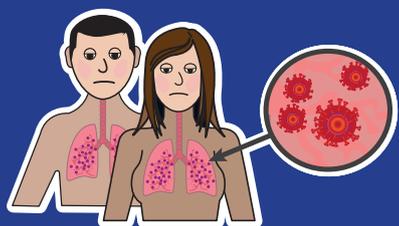
This means if your child has been shielding, it should now be safe for them to go out again.



Your child's specialist or GP will contact you to talk about your child going back to school.



If your child's GP has told them to continue shielding at home please follow their advice.



Coronavirus continues to be a risk, and more people could get poorly again.

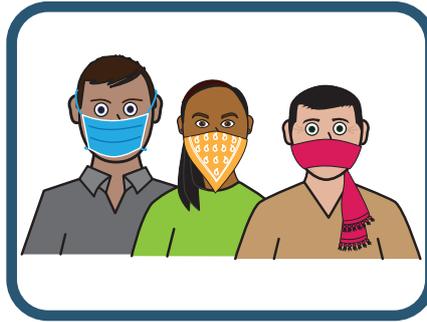
Make sure you do everything you can stay safe.

To stay safe you should:

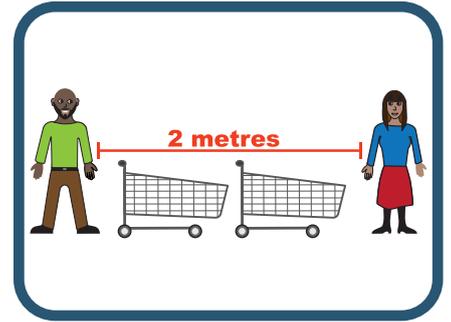


Wash your hands regularly, and always when you get home.

For **20 seconds**.

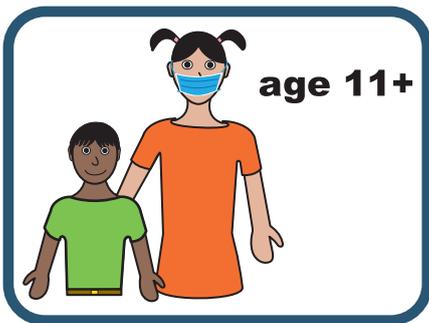


Wear a **face covering** in shops and public transport if it is safe to do so (see below).

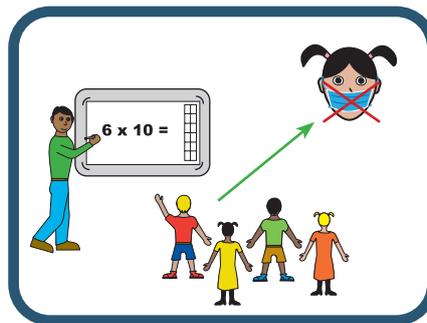


Keep **2 metres** away from people not living in your house or 'support bubble'.

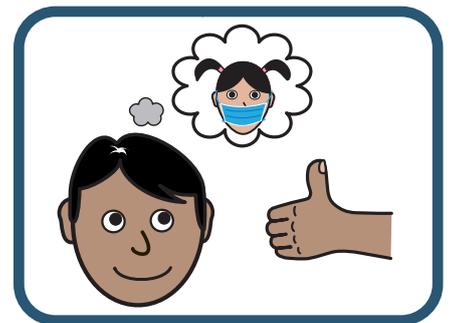
Should my child wear a face covering?



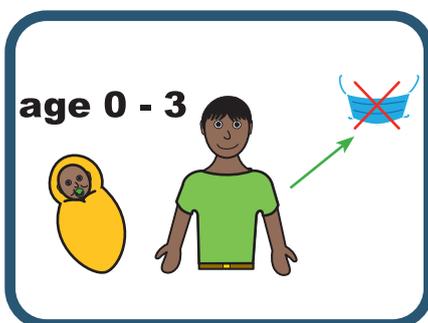
Children aged 11 or above must wear a face covering in public buildings, shops and on public transport.



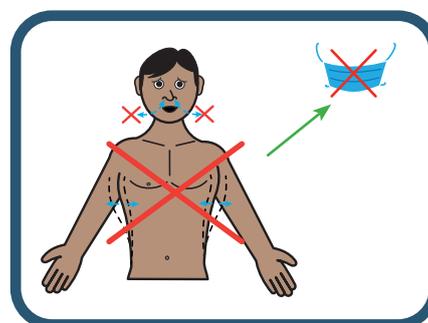
They don't have to wear face coverings in school or college.



Children aged 4 - 11 do not have to wear face coverings, but they are recommended to wear them in indoor public places.

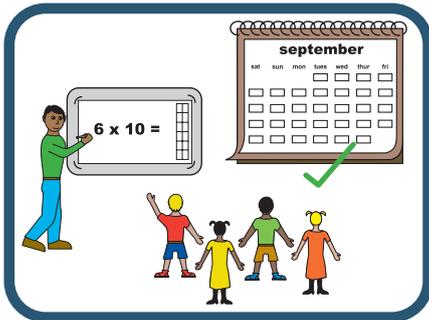


Children aged 0 - 3 should not wear a face covering.

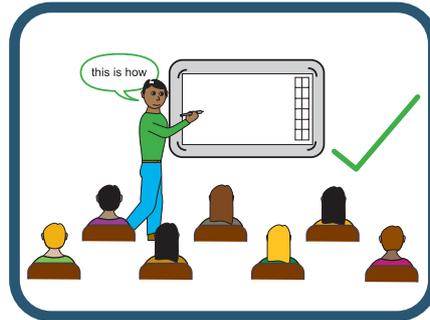


Children with some medical conditions, such as breathing conditions or disabilities do not have to wear face coverings.

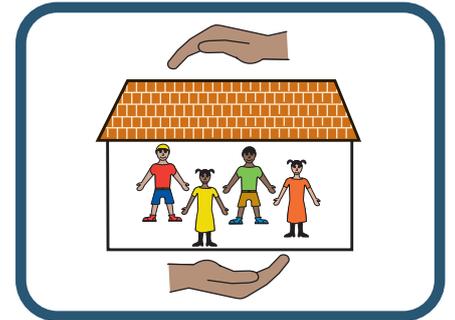
Going back to school



All schools in Leeds will be open for **all children** and young people in **September**.



Shielding has been paused, so your child will be expected to go **back to school**.



Schools have made changes to help keep **everyone safe**.

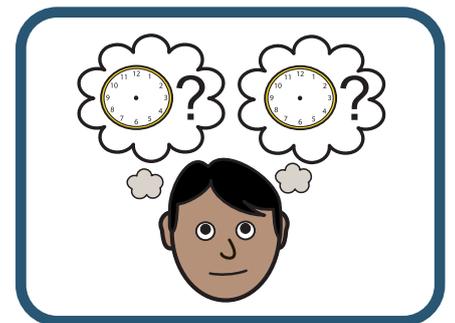
Your child's school might have



A **one-way** system in corridors.



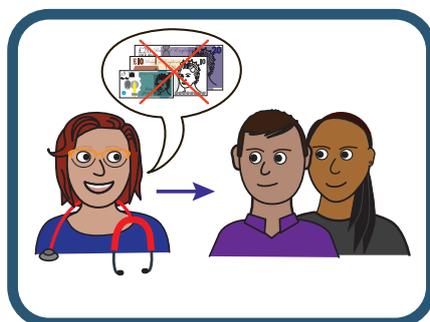
Extra **hand gel** and **handwashing** areas.



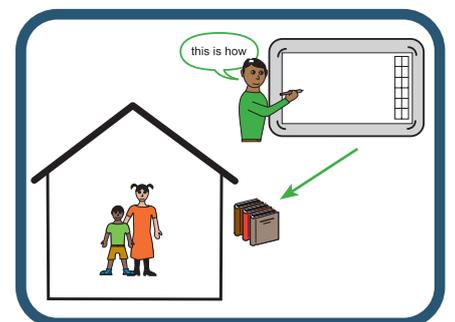
Different start and finish **times** for each year group.



Your school will have been told if your child has been shielding. This is so that staff at the school can help your child to **stay safe**.

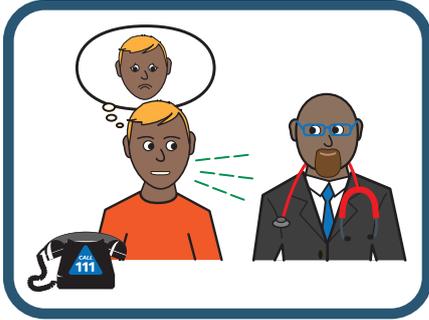


If your GP or specialist has advised that your child should **not to go back to school**, you will not get a fine.



If your child has to stay at home, schools must **provide learning** to do at home. Talk to your child's school about this.

If you are feeling poorly



If you are feeling poorly or are worried about your health, call your **GP** or **NHS 111**.



If it is an emergency call **999** or go to **A&E**



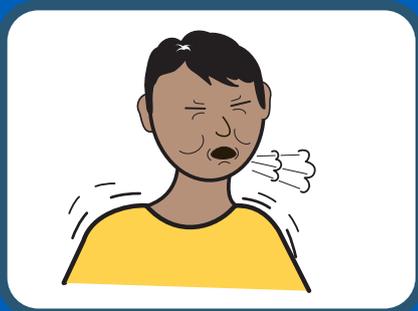
If you or your child get symptoms of Coronavirus, do not go to **hospital** or your **GP**.



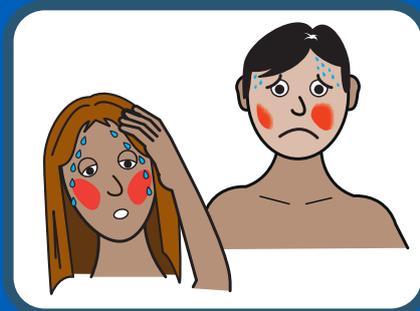
Stay home and get a test.
Phone **119** or go to the website:

www.nhs.uk/ask-for-a-coronavirus-test

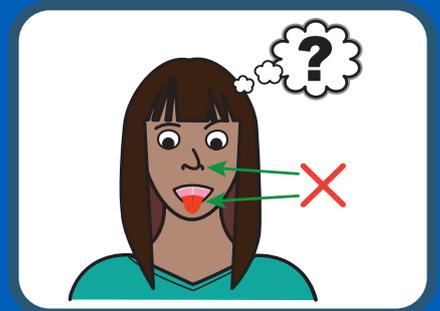
Symptoms of Coronavirus



A new cough



A fever or feeling hot



Loss or change in taste
or smell

Shopping and medicines



If you are worried about getting **food and medicines** we can put you in touch with volunteers who can help.
Phone: 0113 378 1877.

If you have an immediate need for emergency **food**.
Phone: 0113 376 0330.



National food boxes or medicines will no longer be delivered to you all the time.



You can still get supermarket home deliveries.

If you registered with the national team to tell them you are shielding, you will still have 1st choice of delivery slots.

Stay informed:

Keep up to date with the latest national and local guidance to stay safe



Online

leeds.gov.uk/shielding



Phone

0113 378 1877



SignLive Directory

Select LCC Covid19



Text Number

07480632471